

NERVOUS SYSTEM

Key System Product: Stress Formula (Nutri-Calm)

BRAIN / SPINAL CORD / NERVES

NUTRITIONAL SUPPORT: Super Oil, Multi Vitamins & Minerals

STRESS / TENSION / ANXIETY

Indications

- Tension headaches
- Insomnia
- Elevated heart rate
- Nervous, jittery, hyperactive
- Changing appetite
- Gastrointestinal problems
- Fatigue



Stress Formula
(Nutri -Calm)
STR-C

MIND / MEMORY/ FOCUS

Indications

- Poor memory or concentration
- Learning problems
- Falling asleep while sitting
- Risk of degenerative disease of the nervous system
- Brain fog



Ginkgo Biloba
Gotu Kola
Stress Formula
Super Oil

SLEEP DISORDER

Indications

- Insomnia
- Waking up a certain times every night
- Disturbing dreams



HVP
Liquid Calcium
Magnesium

ADD/ADHD

Indications

- Hyperactivity
- Easily distracted
- Not finishing tasks
- Thoughtless behaviour
- Parasites



Focus Attention
HS-C
Super Oil
Parasite Cleanse

DEPRESSION*

Indications

- Change in appetite
- Feeling blue
- Insomnia or excessive sleeping
- Medical diagnosis of mild to moderate depression
- Fatigue
- Brain fog



St. John's
Wort/Passion Flower
Super Oil
AD-C
Stress formula

* For proper care of this potentially dangerous condition, please consult a competent health care professional.

This flow chart is based on the work of Steven Horne
Adapted by Behrooz Tahririha 2005

